

MSc Kinesiology Seminar Speaker Series

Dr. Heather Gainforth

School of Health and Exercise Sciences

The University of British Columbia | Okanagan Campus | Syilx Okanagan Nation Territory

Research with Impact:

Advancing the Science and Practice of Knowledge Translation



Dr. Gainforth is an Assistant Professor in the School of Health and Exercise Sciences at UBC Okanagan, a Principal Investigator with the International Collaboration on Repair Discoveries, and is a Michael Smith Foundation for Health Research Scholar.

Dr. Gainforth's academic training in Health Behaviour Change, Knowledge Translation, and Kinesiology has fostered her belief that evidence-based health promotion interventions and guidelines must be widely disseminated both in general and special populations. Her research aims to close the gap between health behaviour change research and practice by advancing the science and practice of integrated knowledge translation. Her emerging research program aims to identify, develop, and implement novel strategies for disseminating evidence-based health information and interventions to populations. Her systems-based research is grounded in behaviour change theory and techniques and is guided by strong collaborations between researchers and communities.

Friday, November 29th, 2019

11:30am-1pm in RSAC 202 (Zoom link available)

Refreshments will be provided.

RSVP (encouraged but not required): gradkin@nipissingu.ca